



Al-Anon Family Groups  
Help and hope for families and friends of alcoholics

**1 IN 4  
CHILDREN**  
are affected by  
someone's drinking.

**You are not alone.**

**Alateen  
can help.**

**1-888-4AL-ANON • [al-anon.org/teen-info](http://al-anon.org/teen-info)**