

Readiness for Step Twelve

Thank you for taking time to participate in this anonymous survey which is designed to gauge members' level of involvement in service work. The results of this survey will be used by the WSO to communicate with members about the benefits that come with service in Al-Anon Family Groups.

For the purpose of this survey, service work can be defined as a member's involvement in any activity which may benefit other members in Al-Anon, in addition to oneself; this includes holding a service position, such as Group Representative, etc.

Service activities are broken down into five categories in this survey, as follows:

1. Group Coordination service activities (examples: Greet newcomers before a meeting, chair a meeting, maintain a meeting building key and unlock/lock-up for meetings, etc.)
2. Individual Sharing service activities (examples: Participate in Al-Anon surveys, share during a meeting, contribute a sharing to The Forum or Conference Approved Literature, etc.)
3. Member Sponsoring service activities (examples: Give out your contact information to a new or struggling member, sponsor another member, take another member to their first service event, etc.)
4. Beyond Group-Level Coordination service activities (examples: Volunteer to take phone calls from the Al-Anon telephone answering service, hold a position such as AMIAS and Alateen Group Sponsor, volunteer for a district picnic or other district events, facilitate workshops at events, etc.)
5. Public Outreach service activities (examples: Leave copies of literature at local professional's office/hospitals/etc., contribute a sharing to a local newsletter, participate in public service announcement (PSA) distributions to television and radio stations, etc.)

As participation in this survey is considered service work, we thank you for your time in this and in all service activities in which you are involved. If the only service work in which you have been involved for Al-Anon is completion of this survey, we welcome your participation equally, as we do for those who have additional involvement in other activities.

There are no right or wrong answers and your honest responses are appreciated to facilitate improvements in the way service work is presented to members as a tool of recovery from the effects of someone else's alcoholism.

Please allow approximately 10 - 15 minutes to complete this survey.

All questions and comments about this survey can be addressed to Pamela Walters, WSO Information Analyst, at pamela@al-anon.org, or 757-563-1600.

Readiness for Step Twelve

* 1. What is your length of membership in Al-Anon Family Groups?

Examples:

a. If you have been a member of Al-Anon for FIVE MONTHS, select "0" in the drop-down list below for "Number of years" and "5" in the drop-down list below for "Number of months."

b. If you have been a member of Al-Anon for THREE YEARS AND TWO MONTHS, select "3" in the drop-down list below for "Number of years" and "2" in the drop-down list below for "Number of months."

c. If you have been a member of Al-Anon for FIVE YEARS, select "5" in the drop-down list below for "Number of years" and "0" in the drop-down list below for "Number of months."

What is your length of membership in Al-Anon Family Groups?	Number of years?	Number of months?
	<input type="text"/>	<input type="text"/>

Group Coordination Service Activities

2. For each of the service activities listed below, please indicate the approximate number of times you participated, and the approximate length of time you were a member when you FIRST became involved.

- Select "Not applicable" for activities in which you have not been involved.

	How many times have you participated in each of the service activities listed to the left?	How many years were you a member when you FIRST became involved in each of the service activities listed to the left?
a. Greet a newcomer before a meeting/speak with them afterwards	<input type="text"/>	<input type="text"/>
b. Setup for a meeting, including setting out literature and coffee/refreshments	<input type="text"/>	<input type="text"/>
c. Unlock/lock-up for a meeting	<input type="text"/>	<input type="text"/>
d. Attend a group business meeting	<input type="text"/>	<input type="text"/>
e. Hold a group position, such as: Group Representative/Alternate, Group Treasurer, Group Outreach Coordinator, Literature Coordinator, Current Mailing Address person (CMA), Group Telephone Contact, etc.	<input type="text"/>	<input type="text"/>
f. Chair a meeting	<input type="text"/>	<input type="text"/>
g. Plan a group anniversary	<input type="text"/>	<input type="text"/>
h. Organize a new Al-Anon meeting	<input type="text"/>	<input type="text"/>
i. Explain Al-Anon to a professional or other observer visiting an open meeting	<input type="text"/>	<input type="text"/>
j. Support a new or struggling group	<input type="text"/>	<input type="text"/>

Readiness for Step Twelve

Individual Sharing Service Activities

***3. Please select the number of months you were a member when you FIRST shared during**

- Select "Not applicable" if you have not shared during a meeting.

- Not applicable
- Less than 1 month
- 1 month
- 2 months
- 3 months
- 4 months
- 5 months
- 6 months
- 7 months
- 8 months
- 9 months
- 10 months
- 11 months
- 12 months or more

Readiness for Step Twelve

4. For each of the service activities listed below, please indicate the approximate number of times participated, and the approximate length of time you were a member when you FIRST became involved.

- Select "Not applicable" for activities in which you have not been involved.

	How many times have you participated in each of the service activities listed to the left?	How many years were you a member when you FIRST became involved in each of the service activities listed to the left?
a. Write a letter or e-mail to the WSO, for any reason, in regards to a question, compliment, complaint, etc.	<input type="text"/>	<input type="text"/>
b. Participate in an AI-Anon survey	<input type="text"/>	<input type="text"/>
c. Contribute a sharing to "The Forum" magazine	<input type="text"/>	<input type="text"/>
d. Contribute a sharing to the "AI-Anon Faces Alcoholism" magazine	<input type="text"/>	<input type="text"/>
e. Contribute a sharing to an AI-Anon newsletter	<input type="text"/>	<input type="text"/>
f. Contribute a sharing to Conference Approved Literature	<input type="text"/>	<input type="text"/>
g. Participate in an AI-Anon blog or podcast	<input type="text"/>	<input type="text"/>
h. Comment on or share a posting on AI-Anon blogs or podcasts	<input type="text"/>	<input type="text"/>
i. Attend an AI-Anon International Convention	<input type="text"/>	<input type="text"/>
j. Make a donation of one dollar or less, at a group meeting	<input type="text"/>	<input type="text"/>
k. Make a donation of more than one dollar, at a group meeting	<input type="text"/>	<input type="text"/>
l. Make a donation to the WSO through a quarterly appeal, birthday plan, memorial contribution, or by a bequest	<input type="text"/>	<input type="text"/>
m. Make a donation for a fund raising event of a group, district, Area, Information Service, Convention, Conference, Assembly, or other gathering of AI-Anon/Alateen members	<input type="text"/>	<input type="text"/>

Member Sponsoring Service Activities

Readiness for Step Twelve

5. For each of the service activities listed below, please indicate the approximate number of times participated, and the approximate length of time you were a member when you FIRST became a member.

- Select "Not applicable" for activities in which you have not been involved.

	How many times have you participated in each of the service activities listed to the left?	How many years were you a member when you FIRST became a member of each of the service activities listed to the left?
a. Give out your telephone number to a new or struggling member	<input type="text"/>	<input type="text"/>
b. Give a gift of "The Forum" or Conference Approved Literature to a sponsee/new member	<input type="text"/>	<input type="text"/>
c. Interpret/explain policy from the "Al-Anon Alateen Service Manual" for another member	<input type="text"/>	<input type="text"/>
d. Listen to another member's Fifth Step	<input type="text"/>	<input type="text"/>
e. Sponsor another member	<input type="text"/>	<input type="text"/>
f. Be a Service Sponsor to another member	<input type="text"/>	<input type="text"/>
g. Take another member to their first service event	<input type="text"/>	<input type="text"/>

Beyond Group-Level Coordination Service Activities

Readiness for Step Twelve

6. For each of the service activities listed below, please indicate the approximate number of times participated, and the approximate length of time you were a member when you FIRST became involved.

- Select "Not applicable" for activities in which you have not been involved.

	How many times have you participated in each of the service activities listed to the left?	How many years were you FIRST involved in each of the service activities listed to the left?
a. Volunteer to take phone calls from the Al-Anon telephone answering service	<input type="text"/>	<input type="text"/>
b. Hold a district position, such as: District Representative/Alternate, Newsletter Editor, Web Coordinator, District Public Outreach Committee, etc.	<input type="text"/>	<input type="text"/>
c. Volunteer for a district picnic or other district event	<input type="text"/>	<input type="text"/>
d. Attend a district meeting as an interested member	<input type="text"/>	<input type="text"/>
e. Hold an Area position, such as: Area Alateen Coordinator, Area Chair person, Group Records Coordinator, Al-Anon Information Service liaison (AIS), Area Treasurer, Archives Coordinator, Al-Anon Member Involved in Alateen Service (AMIAS), Public Outreach Coordinator, etc.	<input type="text"/>	<input type="text"/>
f. Organize an Area convention	<input type="text"/>	<input type="text"/>
g. Facilitate a workshop at an event	<input type="text"/>	<input type="text"/>
h. Coordinate Al-Anon volunteers for a public event	<input type="text"/>	<input type="text"/>
i. Hold a World Service Conference position, such as: Conference Member, Delegate/Alternate, Trustee, Executive Committee, Task Force Member, Thought Force Member, etc.	<input type="text"/>	<input type="text"/>
j. Hold the position of Alateen Sponsor	<input type="text"/>	<input type="text"/>

Public Outreach Service Activities

Readiness for Step Twelve

7. For each of the service activities listed below, please indicate the approximate number of times participated, and the approximate length of time you were a member when you FIRST became involved.

- Select "Not applicable" for activities in which you have not been involved.

	How many times have you participated in each of the service activities listed to the left?	How many years were you a member when you FIRST became involved in each of the service activities listed to the left?
a. Put up a poster or AI-Anon notice on a bulletin board	<input type="text"/>	<input type="text"/>
b. Leave a copy of "AI-Anon Faces Alcoholism" magazine, meeting schedules, or other AI-Anon literature at a local professional's office/hospital	<input type="text"/>	<input type="text"/>
c. Contribute a sharing to a local newsletter	<input type="text"/>	<input type="text"/>
d. Volunteer to staff an AI-Anon information table at a public event	<input type="text"/>	<input type="text"/>
e. Participate in a Public Service Announcement (PSA) distribution to a television or radio station	<input type="text"/>	<input type="text"/>
f. Write an article for public media	<input type="text"/>	<input type="text"/>
g. Plan an open meeting for professionals	<input type="text"/>	<input type="text"/>
h. Participate in an introductory meeting at a treatment center, hospital, or correctional facility	<input type="text"/>	<input type="text"/>
i. Interview with local media	<input type="text"/>	<input type="text"/>
j. Speak at a conference for professionals	<input type="text"/>	<input type="text"/>

When answering the remaining questions, please remember that your participation in this survey is considered service work.

***8. Approximately how many hours a month do you spend participating in service work for Family Groups?**

- Less than one hour
- 1 hour
- 2 hours
- 3 hours
- 4 hours
- 5+ hours

Readiness for Step Twelve

9. What were your reasons for first participating in service work for Al-Anon Family Groups? (that apply)

- Progression of my recovery in accordance with Step Twelve
- To carry the message, to help others in need of the program
- A feeling of obligation
- To give back
- For social interaction
- To learn more about Al-Anon Family Groups and service roles
- To make contacts
- My Sponsor suggested it would be helpful

Other (please specify)

10. What are your reasons for continuing to participate in service work for Al-Anon Family Groups? (Choose all that apply)

- Progression of my recovery in accordance with Step Twelve
- To carry the message, to help others in need of the program
- A feeling of obligation
- To give back
- For social interaction
- To learn more about Al-Anon Family Groups and service roles
- To make contacts
- My Sponsor suggested it would be helpful

Other (please specify)

Readiness for Step Twelve

11. When it comes to service work, do any of the following concern you to the point of limiting participation? (Choose all that apply)

- Maintaining anonymity
- Carrying out public relations based on attraction rather than promotion
- Disapproval on the part of an alcoholic currently in my life
- I'm not on my Twelfth Step yet
- Interference with my family life
- Time constraints
- I don't like the options available
- I wasn't asked to participate
- I don't see how it will contribute to my recovery
- Our group doesn't have enough money
- I don't feel welcomed by others in service
- I don't know enough about service to be involved
- I am already fully engaged in service work for Al-Anon Family Groups

Other (please specify)

12. What does the Twelfth Step mean to you? (Choose all that apply)

- An opportunity to progress in my recovery
- An opportunity to reach out to others in need
- I don't think it means much

Other (please specify)

*13. How important do you believe Twelfth Step work to be in your recovery?

Very Important

Somewhat Important

Neutral

Somewhat Unimportant

Completely Unimportant



How comfortable would you be with sharing your full name when engaged in each of the following situations concerning service work?

Readiness for Step Twelve

***14. Write a letter or e-mail to the WSO, for any reason, in regards to a question, compliment, etc.**

Very Comfortable Somewhat Comfortable Neutral Somewhat Uncomfortable Very U

***15. Leave copies of literature at local professionals offices/hospitals.**

Very Comfortable Somewhat Comfortable Neutral Somewhat Uncomfortable Very U

***16. Volunteer to staff an AI-Anon information table at a public event.**

Very Comfortable Somewhat Comfortable Neutral Somewhat Uncomfortable Very U

***17. Speak for AI-Anon on a local radio call-in show.**

Very Comfortable Somewhat Comfortable Neutral Somewhat Uncomfortable Very U

***18. Speak at an open meeting, conference, or school.**

Very Comfortable Somewhat Comfortable Neutral Somewhat Uncomfortable Very U

***19. Participate in Area-level outreach to government agencies and large treatment centers.**

Very Comfortable Somewhat Comfortable Neutral Somewhat Uncomfortable Very U

***20. Are you concerned that any of the following service activities would be considered pro rather than attraction (Tradition 11)? (Choose all that apply)**

- Write a letter or e-mail to the WSO, for any reason, in regards to a question, compliment, complaint, etc.
- Leave copies of literature at local professionals offices/hospitals.
- Volunteer to staff an AI-Anon information table at a public event.
- Speak for AI-Anon on a local radio call-in show.
- Speak at an open meeting, conference, or school.
- Participate in Area-level outreach to government agencies and large treatment centers.
- None of the above

Readiness for Step Twelve

*21. Have you/do you read the following Al-Anon publications? (Choose all that apply)

- "The Forum" magazine
- "Al-Anon Faces Alcoholism" magazine
- "Al-Anon Alateen Service Manual" (P24/27)
- "The Best of Public Outreach" (located on the Members' Web site)
- "When I Got Busy, I Got Better" (P-78)
- "Attracting and Cooperating" (S-40)
- "Service Sponsorship: Working Smarter Not Harder" (P-88)
- "Sponsorship, What It's All About" (P-31)
- "Joy of Service" (S-57)
- None of the above

*22. How often do you visit the following Al-Anon Family Groups' Web pages?

Facebook	<input type="text"/>
YouTube	<input type="text"/>
Twitter	<input type="text"/>
Public outreach Web site (www.al-anon.alateen.org)	<input type="text"/>
Podcasts on the Public Outreach Web site	<input type="text"/>
Members' Web site (www.al-anon.alateen.org/members)	<input type="text"/>

*23. How often do you share Al-Anon Family Groups' posts on the following, while remembering to break anonymity?

Facebook	<input type="text"/>
YouTube	<input type="text"/>
Twitter	<input type="text"/>
Public outreach Web site (www.al-anon.alateen.org)	<input type="text"/>
Podcasts on the Public Outreach Web site	<input type="text"/>

*24. How do you rate yourself on the following scale?

Very outgoing

Somewhat outgoing

Neutral

Somewhat shy



Readiness for Step Twelve

Demographic Questions

25. What is your gender?

- Male
- Female

26. In what year were you born?

27. Please select the race or ethnic group to which you consider yourself a part.

- White
- Asian
- Black
- Hispanic/Latino
- Native American/Aboriginal/First Nations
- Multi-racial

Other (please specify)

28. Please select the highest level of education you have achieved.

- Less than high school
- High school graduate or GED
- Vocational school training
- Some college or university
- College or university graduate
- Some graduate school
- Post graduate degree

29. Are you currently employed?

- Yes
- No

Readiness for Step Twelve

30. Approximately how many hours a week do you work?

- 0 - 5 hours
- 6 - 10 hours
- 11 - 20 hours
- 21 - 30 hours
- 31 - 40 hours
- 41 - 50 hours
- 51+ hours

31. Please select your current marital/relationship status.

- Single, never married
- Life partner
- Married
- Separated
- Divorced
- Widowed

32. Do you have any children/grandchildren under the age of 18 living with you currently?

- Yes
- No

33. Do you have any children/grandchildren over the age of 18 living with you currently?

- Yes
- No

34. Are you currently a caregiver for an elderly or special needs person?

- Yes
- No

Readiness for Step Twelve

35. Are you a dual member of Al-Anon and Alcoholics Anonymous?

- Yes
- No

36. Please select the location where you live.

- Bermuda
- Canada
- Puerto Rico
- U.S.

37. Please select your state or province of residence.