

International Al-Anon On-line Meetings

On-line meetings, like all Al-Anon meetings, agree to abide by the spirit of the Twelve Traditions. Each Al-Anon member is responsible for keeping the meeting focused on Al-Anon recovery and discussion of Al-Anon-related topics. Al-Anon will always be what we—its members—make it.

Confidentiality of sharings may be more difficult to maintain for some Internet services. If you have the need for anonymity, you may want to discuss it further with your Internet service provider.

The following meetings are currently registered with the World Service Office. There are no direct links to any of the meetings from this list. Type the meeting address in your browser or e-mail.

^ Meetings have permission from the WSO to quote Conference Approved Literature on-line

* Meetings are also open to students and professionals

ALATEEN CHAT MEETING

For safety reasons, only those Alateen meetings administered by the WSO are permitted.

POLISH

<http://chat-pl.alateen.net/>

BULLETIN BOARD MEETINGS

DANISH

AL-ANONS ONLINE FORUM ^

http://www.al-anon.dk/online_forum/index.asp

GERMAN

DANDELION * ^

<http://www.al-anon-online.ch>

ITALIAN

LONTANI e VICINI

<http://www.al-anon.it/online>

RUSSIAN

RADUGA ^

Tuesday 9:00 pm ET (UTC +3.00)

<http://www.fgump.ru.clubs/15>

RADUGA ^

Saturday, 2:00 pm ET (UTC+3.00)

<http://www.fgump.ru.clubs/15>

CHAT MEETINGS

FARSI

YARAN HAMDEL (KINDRED SPIRITS)

Monday, 7pm CET (GMT +2)

<http://host142.gchat.com/nafarsi.com>

POLISH

SILA * ^

Wednesday 20:00 CET (GMT +2)

www.al-anon.org.pl/emityng/index.html

E-MAIL MEETINGS

GERMAN

ELTERN VON ALKOHOLIKERN *

www.al-anon-online.de/eva

eva@al-anon-online.de

FAMILY & FRIENDS ^

www.al-anon-online.de/ff

ff@al-anon-online.de

OUT OF CHAOS – Adult Children ^

www.al-anon-online.de/ooc

ooc@al-anon-online.de

PORTUGUESE

AL-ANONPORT ^ *

Alanonport-owner@yahoogroups.com

RUSSIAN

STEPS TO FREEDOM ^

alanon@yandex.ru

VOICE OVER INTERNET PROVIDER (VoIP) (Skype)

ICELANDIC

NETFUNDADEILD AL-ANON

Thursday, 20:00 (GMT +1)

netfundir@gmail.com

NEW ZEALAND

NEW ZEALAND AL-ANON ONLINE RECOVERY

Thursday, 7:30 pm NZST

nzalanononlinerecovery@gmail.com

RUSSIA

LOTOS

Sunday, 2:00 pm Moscow Time

Monday, 4:00 pm Moscow Time

Tuesday, 1:00 pm Moscow Time

Wednesday, 1:00 pm Moscow Time

Thursday, 8:00 pm Moscow Time

Saturday, 2:30 pm Moscow Time

lotoslotos43@yandex.ru